***MY LATEST BOOK :***

***„Teenager's Brain Reveals Its Secrets”,*** *Fulcrum Partners, Brussels, 2021* the original version: ***“Mózg Nastolatka Odkrywa Swoje Tajemnice”***

***MY ARTICLES***

=> (in English)

* October 2018 [**Is artificial intelligence alleviating stress at work or causing it?**](https://www.equaltimes.org/is-artificial-intelligence#.XGqs66B7mpo)  => published by [EqualTimes](https://www.equaltimes.org/beata-cnudde)
* June 2018 [**Stress at work its impact on sustainable growth** => published by Warsaw School of Economics (SGH)](http://www.suninus.eu/wp-content/uploads/2019/02/Stress-at-work-SGH.pdf)
* July 2015 "[Managing Change in the Financial Sector](http://www.suninus.eu/wp-content/uploads/2015/08/july_2015_global_coaching_perspectives_-_final_for_website.pdf)" page 20  => published in AC Global Bulletin ([link](http://www.associationforcoaching.com/pages/publications/ac-global-bulletin))
* October 2014 "[Emigration: Finding work-life balance abroad](http://www.associationforcoaching.com/media/uploads/October_2014_Bulletin.pdf)" page 18  => published in AC Global Bulletin ([link](http://www.associationforcoaching.com/pages/publications/ac-global-bulletin))
* 31 January 2014  "Change management - human approach "  [article  (in English)](http://www.suninus.eu/publications/article-change-management-approach-human) => presented on ULB (Universite Libre de Bruxelles)

=> published in "Gazetka" (www.gazetka.be) (in Polish)

* February 2018 [Development Possibilities - for parents](http://www.suninus.eu/wp-content/uploads/2019/02/Sciezki-rozwoju-rodzice-jestecie-wani.pdf)
* February 2018  [New Year's Resolutions](http://www.suninus.eu/wp-content/uploads/2019/02/noworoczne-postanowienie-dla-siedzcych-i-leniwych-.pdf)
* December 2017 Interview with [Ewa Haczyk-Plumley](http://www.suninus.eu/wp-content/uploads/2018/01/Wywiad-z-Ewa-Haczyk.pdf)
* November 2017 Interview with [Marta Frej](http://www.suninus.eu/wp-content/uploads/2018/01/16-18-marta-frej.pdf)
* 1 February 2017 "[Knowledge about a brain to help the parents](http://www.suninus.eu/wp-content/uploads/2017/02/Wiedza-o-mozgu-na-pomoc-rodzicom-luty-2017.pdf)"
* 1 April 2016 "[About multiculturalism](http://www.suninus.eu/wp-content/uploads/2016/04/o-wielokulturowoci-kongres-kobiet-w-brukseli.pdf)"
* 1 March 2016 [Biofeedback EEG - a brain training](http://www.suninus.eu/wp-content/uploads/2016/05/MOJ-Artzkul-w-Gazetce.pdf)
* 1 February 2016 "[The human side of emigration - conference summary](http://www.suninus.eu/wp-content/uploads/2016/04/Konferencja-emigracja.pdf)"
* 2 November 2015 [Interview with Professor Danuta Huebner](http://www.suninus.eu/wp-content/uploads/2015/11/16-Wywiad-Hubner.pdf), Eurodeputy (MEP)
* 1 October 2015 [Interview with Wanda Nowicka](http://www.suninus.eu/wp-content/uploads/2015/11/wywiad-Wanda-Nowicka.pdf), Vice-President of the Polish Parliament
* 1 September "[Parenting of Closeness](http://www.suninus.eu/wp-content/uploads/2015/08/Stein-wywiad.pdf)", an interview with Polish psychologist Agnieszka Stein
* 1 June 2015 "[How to be more efficient](http://www.suninus.eu/wp-content/uploads/2015/06/By%C4%87-bardziej-wydajnym.pdf)" ([link](http://www.gazetka.be/index.php?option=com_content&view=article&id=1099:wiksza-wydajno-bez-wikszego-wysiku-&catid=337:nr-142-czerwiec-2015&Itemid=162))
* 3 April 2015 "[Procrastination](http://www.suninus.eu/wp-content/uploads/2015/05/Prokrastynacja.pdf)"
* 1 February 2015  [Interview with Hanna Samson](http://www.suninus.eu/wp-content/uploads/2015/01/wywiad-z-Hanna-Samson.pdf), Polish psychotherapist  ([link](http://www.gazetka.be/online/#/Nr%20138/24))
* 5 December 2014 "[Belgian winter" (a feullieton)](http://www.suninus.eu/wp-content/uploads/2014/12/Felieton-zimowy.pdf) ([link](http://www.gazetka.be/index.php?option=com_content&view=article&id=912:przedwiteczne-rozmylania&catid=293:nr-137-grudzie-2014-&Itemid=162))
* 01 September 2014  Interview with Katarzyna Miller, Polish psychotherapist  ([wywiad z Katarzyna Miller](http://www.suninus.eu/publications/wywiad-z-katarzyna-miller))
* 09 June 2014  [Coaching - what is it?](http://www.gazetka.be/index.php?option=com_content&view=article&id=706:kilka-sow-o-coachingu&catid=247:nr-132-czerwiec-2014&Itemid=162)
* 05 May 2014 [How to make change successful](http://www.gazetka.be/index.php?option=com_content&view=article&id=667:zmiana-co-zrobi-by-si-powioda&catid=238:nr-131-maj-2014&Itemid=162) ([article](http://www.suninus.eu/wp-content/uploads/2014/05/Artykul-zmiany.pdf))
* 03 April 2014 [Emigration - finding life balance abroad (](http://www.gazetka.be/index.php?option=com_content&view=article&id=645:emigracja-jak-si-tu-odnale&catid=227:nr-130-kwiecie-2014&Itemid=162)[article](http://www.suninus.eu/publications/artykul-emigracja))
* 07 March 2014 [Burnout](http://www.gazetka.be/index.php?option=com_content&view=article&id=601:twoj-coache-wypalenie-zawodowe&catid=219:nr-129-marzec-2014&Itemid=162)  ([article](http://www.suninus.eu/publications/artykul-wypalenie-zawodowe))

**...............** ***MY PREVIOUS SCIENTIFIC PUBLICATIONS***:

1. Chapter " Monetary policy in Poland - adjustments to the convergence criteria " published by the Institut für Europäische Politik in Bonn, in a book "Towards EU - Membership. Transformation and Integration in Poland and the Czech Republic"; Bonn: Europa Union Verlag, 1998. ([article](http://www.suninus.eu/wp-content/uploads/2014/04/Monetary-policy-in-Poland.pdf))
2. Review of a book "Monetary reform in Europe - an analysis of the issues and proposals for the Intergovernmental Conference" published by Universidade Católica Editora in Lisbon, 1996. This article was published by the European Centre of the Warsaw University in "Studia Europejskie" no 1/1998; Warsaw 1998.
3. Article about the European Institute’s organisation and responsibilities, published by the Centre of the Warsaw University in "Studia Europejskie" no 4/1998; Warsaw 1998.
4. Article “Was Robert Mundell right?” on EMU and the theory of optimal currency area, Published in “ Gazeta Bankowa”, no 45, 9-15 November 1999. ([article](http://www.suninus.eu/publications/czy-robert-mudel-mial-racje))
5. Article „ISPA – The First Investment Project ”, published in a bulletin „Eurointegracja”, no 7/8, Warsaw, 2000
6. Article „Euro- and its future consequences”, published in a bulletin „Eurointegracja”, no 11, November 2000.
7. Article „Integration with the UE and Polish enterprises”, published in a bulletin „Eurointegracja”, no 12, December 2000.
8. "Analyses of the EU Member States and the candidate countries preparations to the euro banknotes and coins introduction" – co-author; in „Materialy i Studia NBP”, no 122, Warsaw, May 2001.
9. "Analyses of the euro introduction impact on the Polish banking system" – co-author; in “Materialy i Studia NBP”, no 128, Warsaw, July 2001.
10. Chapter "Membership of the EMU and the euro introduction – ambitious task for the EU countries and challenge for Poland In its accession process " in a book "Proces akcesyjny do UE - wybrane problemy", Lodz 2001.
11. "Analyses of impact of the euro introduction on the Polish banking system" – co-author; in “Materialy i Studia NBP”, no 153, Warsaw, December, 2002
12. Chapter and other materials (including tests) “Polish way to the EMU” within the educational project (2003) of the National Bank of Poland available on a website http://www.nbportal.pl
13. Article “Poland in Front of the Membership in the EU“ presented during the Research Panels of the conference “From Copenhagen to Copenhagen” organised by UACES on 5 April 2003 in London (abstract can be find on [www.uaces.org/D410302Abstracts.htm#Pawelczyk](http://www.uaces.org/D410302Abstracts.htm#Pawelczyk))
14. Article “L’hospitalité et l’âme polonaises” published by the European Commission in “Pologne en Direct - Numéro spécial élargissement ” on 26 April 2004 ([article](http://www.suninus.eu/publications/lhospitalite-et-lame-polonaise))
15. Article "Globalisation and European Union – chances for Poland" – co-author, Published in „Gazeta Bankowa”, no 24, 12-18 June 2006.
16. Article "Chances for Poland In the process of and membership to the EU" – co-author, published by Polish Academy of Science, „Working Paper” no 4 ([www.inepan.waw.pl](http://www.inepan.waw.pl/)), 2007 ([article](http://www.suninus.eu/wp-content/uploads/2014/04/Szanse-dla-Polski-w-procesie-globalizacji-i-integracji-z-UE.pdf))

**The books for children published on Amazon :**

**in English:**

**« Teddy dragons make their dreams come true »,** published on Amazon, December, 2012 ([link](http://www.amazon.co.uk/Teddy-dragons-make-their-dreams/dp/1493761358/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1397573196&sr=1-1&keywords=teddy+dragons+pawelczyk))

**in French:**

**«Une Lollipop Enchantee» (**[**link**](https://www.amazon.co.uk/Lollipop-Enchantee-Beata-Pawelczyk-Cnudde/dp/1727589696/ref%3Dsr_1_1/258-4727349-1843653?s=books&ie=UTF8&qid=1550443125&sr=1-1&refinements=p_27%3ABeata+Pawelczyk+Cnudde)**)**

**in Polish:**

 **« O tym jak dzielny smok Tuputek spełnił swoje marzenia » (**[**link**](https://www.amazon.co.uk/Przygody-lesnych-smokow-spelnily-marzenia/dp/1540539318/ref%3Dsr_1_3/258-4727349-1843653?s=books&ie=UTF8&qid=1550443125&sr=1-3&refinements=p_27%3ABeata+Pawelczyk+Cnudde)**)**

**«Zaczarowany Lizak» (**[**link**](https://www.amazon.com/Zaczarowany-Lizak-Polish-Pawelczyk-Cnudde/dp/1985327937)**)**